



Coffee, tea, etc.

Proper coffee

Espresso	£2.90
Long black	£2.90
Americano	£3.10
Caramel Macchiato	£4.20
Flat white	£3.70
Cappuccino	£3.70
Latte	£3.70
Flavoured latte	£4.40
Blendsmiths Mocha	£4.80

**** WANT IT ICED? JUST ASK ****

Plant based milk £0.80

Flavoured syrups:

Caramel, Salted caramel,
vanilla, honeycomb, hazelnut,
gingerbread, amaretto, etc.

****SUPER SMOOTHIES****

All priced £5.00 made fresh
to order – sunshine in a glass!

GLOW UP

Mango, pineapple & passion fruit

THIS SH*T IS BANANAS

Strawberry & banana

BERRY NICE

Blueberries, raspberries
& strawberries

GREEN DREAM

Mango, apple, kale & spinach

Cold drinks

Still water	£1.50
Sparkling water	£1.60
Diet Coke/Coke Zero	£2.80
Fentimans, etc.	£2.90
Apple/orange juice	£2.90

Blendsmiths

Indulgent plant based drinks made
just like a latte - with your choice
of milk or plant based alternative.
Great for you & mother nature

Hot chocolate	£4.20
Fully-loaded hot chocolate	£4.70
Pumpkin spice latte	£3.90
Turmeric latte	£3.90
Chai latte	£3.90
Matcha latte	£3.90

Tea

Builder's brew	£2.40
Flavoured teas (ask us)	£2.90

PEACH ICED TEA & HOMEMADE LEMONADE

Packed with flavour, our sharp
& fruity iced drinks pack a punch.
Try a peachy tea or go for a choice
of strawberry, blackberry or
raspberry & pomegranate lemonade.

All priced £4.90



Brunch

Butties & bagels

Served with your choice of posh chutney, red or brown sauce:

Bacon	£5.50
Sausage	£5.50
Bacon + sausage	£6.50
Veggie sausage	£5.50

ADDED EXTRAS

Bacon/sausage/mushrooms	£2.90
Side of crispy hashbrowns	£3.90
Side of fried halloumi	£4.50

** THE BIG ONE **

Your choice of bagel OR wrap with bacon, sausage, hash browns, melted cheese & chutney | **£9.50**

Perfect toast

Tiger bloomer with butter	£2.70
Toast with fun stuff	£3.70

Jam, honey, almond butter, marmalade, Nutella or Biscoff

Toasted fruit loaf	£3.20
Crumpets	£3.20

Toasted banana bread

Banana & chocolate loaf, toasted & served on its own or with added goodies from the pantry:

As it comes (VE)	£4.40
With almond butter (VE)	£4.90
With greek yoghurt, fresh fruit, compote, granola & honey (V)	£10.95
With Nutella/Biscoff, whipped cream, crunchy nuts & oats (V)	£10.95

SMOKED SALMON BAGEL

Toasted bagel with smoked salmon & lashings of cream cheese served with a crunchy side salad | **£8.50**

** Breakfast In America **

Your choice of pancakes or sugar waffle, served with crispy bacon, fresh berries, butter & spoonfulls of maple syrup | **£11.50**

CHERRIES & BERRIES

YOUR CHOICE OF WAFFLE OR PANCAKES, FULLY LOADED WITH FRESH FRUIT, CHERRIES & BERRIES COMPOTE, GREEK YOGHURT & CRUNCHY OATS

All priced **£10.95**

PLEASE LET US KNOW IF YOU HAVE ANY ALLERGIES



For little ones

PLEASE LET US KNOW IF YOU HAVE ANY ALLERGIES

Brekkie

Yoghurt, fruit & honey **£4.00**

Bagel or crumpets **£3.30**

Sausage buttie **£3.80**

Toast & spread **£2.90**

Butter, jam, honey, almond butter, marmalade, Nutella or Biscoff

Loaded waffles & pancakes

Served warm with your choice of naughty/nice toppings - choose from Nutella, Biscoff, greek yoghurt & fresh berries

All priced **£6.00**

Drinks

Cawston Juice Box	£1.90
Fresh milk	£1.50
Oat milk	£1.50
Babycinno	£1.50
Frothy hot choc	£1.90



PICKY PLATES

The no-fuss lunchtime win.

Mini toastie, cucumber sticks, kid's crisps & cake:

- Chicken & pesto
- Ham & cheese
- Sun-dried tomato & pesto (v)

£4.95 each



Lunch

(from 11:30)

Toasties

Served with a handful of tortilla chips, fresh side salad & coleslaw:

Chicken, pesto & mozzarella
Ham, cheese & posh chutney
Sun-dried tomato & pesto (VE)

All priced £10.95

Sandwiches (eating in)

Served with a handful of tortilla chips, fresh side salad & coleslaw:

Cheese & tomato
Cheese & onion

All priced £8.50

Wraps

Served with a handful of tortilla chips, fresh side salad & coleslaw:

Bacon, lettuce & tomato (BLT)
Hunter's chicken
Falafel & mint yoghurt (V)

All priced £10.95

LUNCHTIME SPECIALS

ASK A MEMBER OF THE TEAM FOR
A RUNDOWN OF TODAY'S SPECIALS

THE TAKEAWAY SANDWICH SPECIAL

ANY COLD SANDWICH (YOUR PICK
OF FILLINGS FROM OUR TOASTIE/
SANDWICH MENU) | £5.50

Chicken & bacon club

Double-decker deep-filled sandwich on toasted bread with tortilla crisps, bacon mayo, a fresh side salad & coleslaw | £12.00

THE PANTRY'S FAMOUS PESTO EGGS

Crunchy toasted sourdough & fried eggs smothered in pesto, peppery rocket leaves, fresh tomato & a balsamic glaze | £10.95

BUTCHER'S EGGS + BACON

Crispy fried bacon & eggs served on fresh sourdough toast with peppery rocket leaves | £10.95

PLEASE LET US KNOW IF YOU HAVE ANY ALLERGIES



What's on:

Breastfeeding Support

Weekly on Thursdays from 1–2:30pm

NOW WITH BABY WEARING SUPPORT!

The Big Write Out

Our writing club! Come and share your work.

One every two months on a Wednesday (check Facebook)

Book club!

One a month on a Wednesday (check Facebook)

